

EXECUTIVE BIOGRAPHY



Janice E. Stephens, RN, PhD

“Dr Jan”

PROFESSIONAL EXPERIENCE & CREDENTIALS

2003-Present	Entrepreneur, Nurse Administrator, Nursing-Health Educator, Health Promotion Specialist, Researcher, Author-Publisher, Speaker-Consultant
1997-2003	Chief Nurse Executive – BSN Programs
1983-2003	Nursing & Health Educator – ADN, BSN, & MSN Programs
1995	Doctor of Philosophy – Adult Learning & Technology University of Wyoming – Laramie, Wyoming
1988	Master of Science – Rural Health & Parent Child Nursing University of Wyoming – Laramie, Wyoming
1984	Master of Science–Health Education, University of Oregon–Eugene, OR
1975-1983	Clinical Nurse Positions & Beginning a Family
1975	Bachelor of Science–Nursing, Montana State University–Bozeman, MT

HONORS

2007	Distinguished Alumni Award – University of Wyoming - Fay W. Whitney School of Nursing
1996	Dissertation Award - Sigma Theta Tau - Zeta Upsilon Chapter

PUBLICATIONS

- Stephens, J.E. (2006, November/December). Create your present and future wellness: A wake-up call and activity challenge. *Create the Future*. 3.
- Stephens, J.E. (2006). Using power skills for personal wellness. *American Nurse Today*. 1(2). 61-62.
- Stephens, J.E. (2006). *Wholistic Health Self-Management Program – Core Content: Health Guide 1 - Be Whole & CEO: Health Guide 2 - Healthy Action Plan Process - Yes*. Vol. 1. Belle Fourche, SD: Wholistic Health Education Services.
- Stephens, J.E. (1995). Field trial evaluation of an instructional design model to develop nursing student competence with application of the lifestyle intervention process. *Dissertation Abstracts International*, 57 (01B), 245. (UMI No. 9613742).

PRESENTATIONS

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|------------------|--|
| May 5, 2007 | University of Wyoming Nursing Convocation - Laramie, WY |
| April 25, 2007 | Sigma Theta Tau Joint Chapter Program - Milwaukee, Wisconsin |
| February 3, 2007 | United Methodist Church-Spearfish, South Dakota –
Health Yourself Class |
| January 21, 2007 | United Methodist Church-Spearfish, South Dakota- Health Forum |

ATHLETIC - PHYSICAL ACTIVITY AWARDS

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| May 19, 2007 | Half-Marathon - Fargo, North Dakota - 3rd in Age Category |
| January 16, 2007 | Presidential Champions Gold Award www.presidentschallenge.org |
| August 12, 2006 | 10K Run - Custer, South Dakota - 1st in Age Category |