

Philosophy

Vision

Wholistic Health for Individuals, Families, and Communities

Mission

Offer innovative, quality education services that promote wholistic health.

Tailor products and services to meet the unique health needs of diverse groups – from the general public to professionals.

Role model wellness and empower individuals to enhance their ability to design, implement and evaluate personal, prescriptive healthy action plans to live a longer healthier life.

Core Principles

- Honor God
- Have Integrity
- Serve Others
- Facilitate Wholistic Health
- Encourage Lifelong Learning

Code of Ethics

The Silver Rule

Do no harm to self or others

The Golden Rule

Do only good to self and others

Functions

- Assess the health status of individuals, families and communities
- Diagnose wholistic health education needs for individuals, families and communities
- Plan, Implement and Evaluate high-quality Wholistic Health Education Programs that are consistent with best practices
- Educate individuals, families and communities about health issues and trends
- Empower individuals, families and communities to develop wholistic health skills
- Inform individuals, families and groups of health services and resources
- Establish and mobilize community partnerships to provide Wholistic Health Education Programs
- Obtain funding for individual, family and community health-promoting initiatives