

Wholistic Health Self-Management Program – Core Content

Health Guide 1: Be Whole & CEO

Health Guide 2: Healthy Action Plan Process – Yes

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Corrections

1. Health Guide 1 References, p. 91. Dossey, B.M., Keegan, L., & Guzzetta, C.E. (2000)...
2. Health Guide 2 References, p. 247. White....**101(10),75.**
3. Easy Order Form, p. 283. Add Shipping via Media Mail at no charge.

Updates

See the enclosed Power Skills Revision for the book and CD (4-16-07).

(Change: Power Key 3. Principles-Rules. Power Key 9. Pros & Cons - moved from Power Event II to Power Event III). Check the Media link on our web site for future updates.

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